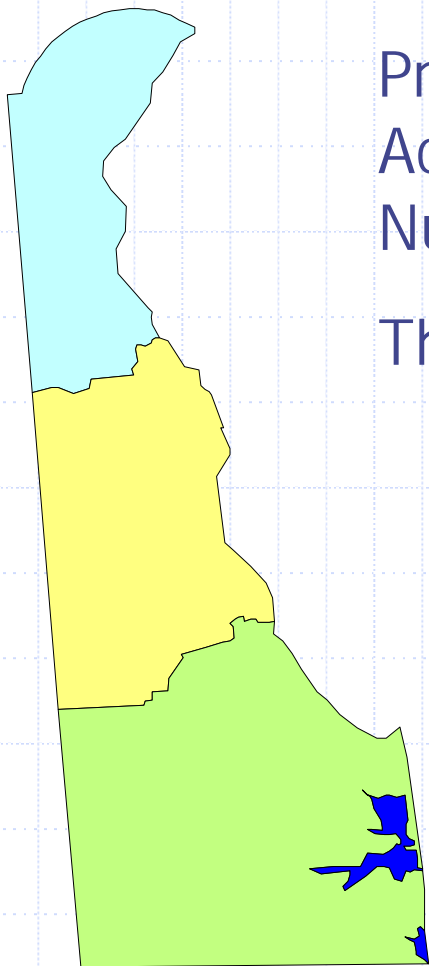


# Blueprint for a Healthier Delaware



Promoting Physical  
Activity and Healthy  
Nutrition (PAHN)

The 2010 PAHN Plan

Delaware Coalition to Promote Physical Activity and Healthy Nutrition

Lt. Governor's Challenge

Governor's Council on Lifestyle and Fitness

Delaware Health and Social Services

Health Education Network of Delaware

Delaware Coalition to Promote  
Physical Activity and Healthy Nutrition



Lt. Governor's Challenge



Governor's Council on Lifestyle and Fitness



Delaware Health and Social Services  
Division of Public Health  
Division of Services for Aging and Adults with Physical Disabilities



**Health Education Network**  
of Delaware